



Samtykkeerklæring om botulinum toxin behandling af dynamiske rynker (Azzalure®, Botox®, Dysport®)

Botulinum toxin

Botulinum toxin forhindrer frigivelse af signalstoffer mellem nerve og muskel, hvilket forårsager en afslapning af musklen. Stoffet er oprenset fra bakterier og har igennem 25 år været benyttet til behandling af bl.a. spastiske lammelser, patienter med udtalt svedtendens og til kosmetiske behandlinger.

Botulinum toxin til dynamiske rynker

Med botulinum toxin kan man behandle de såkaldte dynamiske rynker, dvs. rynker der fremkommer ved muskelsammentrækninger i huden. Efter injektionen med botulinum toxin bliver de muskler, som folder huden, for eksempel i panden eller omkring øjnene, forhindret i at trække sig sammen, og huden glattes ud. Følesansen i det behandlede område bevares uændret.

Det er muligt at kombinere behandling med botulinum toxin med ikke permanente fillere, laser eller andre hudforyngende behandlinger.

Behandlingen

Selve behandlingen foretages ved, at man med en meget tynd nål sprøjter små mængder botulinum toxin i de fine ansigts- eller halsmuskler på udvalgte steder. Effekten indtræder efter 1-10 dage og forsvinder igen efter 3-6 måneder. Herefter kan behandlingen gentages.

Hvis virkningen er utilstrækkelig, eller der er uhensigtsmæssig asymmetri, kan laves en "touch-up" behandling efter ca. 2-4 uger.

Efter behandling

Efter behandlingen er det vigtigt ikke at massere eller trykke på det behandlede område de første fire timer, så toxinet ikke spredes til andre muskler end de tilsigtede. Ligeledes frarådes brug af makeup i de behandlede områder.

Bivirkninger

Der kan optræde forbigående mindre gener i relation til injektionerne, såsom let rødme, hævelse, blå mærker og kløe. Øvrige bivirkninger er sjældne. Nogle få oplever hovedpine de første par dage, og meget sjældent ses kortvarige lette influenzalignende symptomer. Alvorlige allergiske reaktioner i form af anafylaktisk chok ses uhyre sjældent og kræver hurtig behandling. Der er ikke rapporteret nogen kendte senfølger.

For intensiv brug af botulinum toxin i flere områder af ansigtet kan medføre en fattig mimik og frarådes. Ved behandling af rynker i panden lige over øjenbrynene og ved øjenbrynsløft kan der ses hængende øjenlåg, særlig hos kvinder. Det forsvinder oftest over få uger, og de svære tilfælde kan behandles med lopidine® øjendråber. Ved behandling i underansigtet kan de mimiske muskler omkring munden lammes således, at man ikke kan fløjte eller drikke med sugerør, og intensiv behandling i panden kan sænke i forvejen lavtsiddende øjenbryn. Da virkningen af botulinum toxin aftager i løbet af 3-6 måneder, vil de ovenfor nævnte bivirkninger svinde før eller siden inden for denne periode.

AKUT-telefonen er altid åben og kan benyttes også uden for arbejdstid: 3160 9959.

Effekt af behandlingen

Oftest giver behandlingen en god og tydelig reduktion i de dynamiske rynker. Effekten kan dog variere fra person til person. Nogle skal have større mængder toxin end andre for effekt. Der kan være nogle få personer, som ikke er modtagelige for behandlingen, formentligt fordi de har antistoffer, der neutraliserer toxinets effekt.

Forsigtighedsregler

Behandlingen gives ikke til gravide, ammende, ved kendt allergi overfor indholdsstoffer i opløsningen (botulinum toxin, humant albumin, laktose, natrium succinate), eller hvis man har visse sjældne neuromuskulære sygdomme (f.eks. myasteni). Hvis man indtager medicin af typerne aminoglykosider (mod visse infektioner), penicillamin (mod visse bindevævssygdomme), quinine (mod uro i benene eller malaria) eller kalciumblokkere (f.eks. med forhøjet blodtryk, hjertesmerter eller hjerterytmeforstyrrelser), kan botulinum toxin effekten forstærkes.

Information og samtykke

Efter at have gennemlæst denne skriftlige information skal man have mundtlig information om behandlingen og mulighed for at stille spørgsmål. Man har her mulighed for at medbringe en bisidder. Efter den mundtlige information skal der være mindst to dages betænkningstid, før man giver sit samtykke til behandlingen.

Jeg er blevet informeret om virkning, reaktioner, bivirkninger og eventuelle komplikationer i forbindelse med behandling med botulinum toxin.

Min behandler har givet mig mulighed for at stille spørgsmål, og jeg har haft mulighed for at medbringe en bisidder ved konsultationen. Jeg har fået tilfredsstillende svar på mine spørgsmål. Jeg har haft to dages betænkningstid inden min behandling.

Jeg har svaret ærligt på spørgsmålene om min medicinske historie.

Jeg giver hermed min tilladelse til at blive behandlet.

N'AGE, den _____

Navn (blokbogstaver)

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The following is an English translation of "Samtykkeerklæring om Botulinum toxin behandling af dynamiske rynker (Azzalure®, Botox®, Dysport®)". The English translation below serves for information purposes only. In case of differences, the Danish version prevails. Signature is required on the Danish version and is only valid as such

Declaration of Consent for Botulinum Toxin Treatment of Dynamic Wrinkles (Azzalure®, Botox®, Dysport®)

Botulinum Toxin

Botulinum toxin prevents the release of signalling substances between nerve and muscle, which causes a relaxation of the muscle. The substance is purified from bacteria and has been in use for 25 years for treating e.g. spastic paralysis, patients with excessive sweating and for cosmetic treatments.

Botulinum Toxin for Dynamic Wrinkles

With botulinum toxin, you can treat the so-called dynamic wrinkles, i.e. wrinkles that appear from muscle contractions in the skin. After the botulinum toxin injection, the muscles which fold the skin, for example in the forehead or around the eyes, are prevented from contracting and the skin is smoothed out. The sense of feeling in the treated area is unchanged.

It is possible to combine treatment with botulinum toxin with non-permanent fillers, laser or other skin rejuvenating treatments.

The Treatment

The treatment itself is carried out by injecting small amounts of botulinum toxin into the fine facial or neck muscles in selected areas with a very thin needle. The effect occurs after 1-10 days and disappears again after 3-6 months. The treatment can then be repeated.

If the effect is insufficient or there is inappropriate asymmetry a "touch-up" treatment can be done after approx. 2-4 weeks.

Post Treatment

After the treatment, it is important not to massage or press the treated area for the first 4 hours, so that the toxin does not spread to muscles other than those intended. Likewise, the use of make-up in the treated areas is not recommended.

Side Effects

There may be temporary minor discomfort in relation to the injections, such as slight redness, swelling, bruising and itching. Other side effects are rare. A few experience headaches for the first few days, and very rarely short-term mild flu-like symptoms are seen. Serious allergic reactions in the form of anaphylactic shock are extremely rare and require prompt treatment. No known late complications have been reported.

Too intensive use of botulinum toxin in several areas of the face can lead to a poor facial expression and is not recommended. Drooping eyelids are seen in a few cases – especially by women – when treating wrinkles in the forehead just above the eyebrows and at brow lift. This usually disappear over a few weeks, and the severe cases can be treated with lopidine® eye drops. At treatment in the lower face, the mimic muscles around the mouth can be paralyzed, so one cannot whistle or drink with a straw, and intensive treatment in the forehead can lower already low-set eyebrows. As the effect of botulinum toxin wears off over a period of 3-6 months, the side effects mentioned above will disappear sooner or later within this period.

The EMERGENCY phone is always open and can also be used outside office hours: +45 3160 9959.

Effect of the Treatment

Most often, the treatment provides a good and clear reduction in the dynamic wrinkles. However, the effect may vary from person to person. Some individuals need larger amounts of toxin than others to see the effect. There may be a few individuals who are not susceptible to the treatment, presumably because they have antibodies that neutralize the toxin's effect.

Precautions

The treatment is not given in case of pregnancy or when breast-feeding, to individuals with known allergies to ingredients in the solution (botulinum toxin, human albumin, lactose, sodium succinate), or in case of certain rare neuromuscular diseases (e.g. myasthenia). If one takes medicine of the aminoglycoside type (against certain infections), penicillamine (against certain connective tissue diseases), quinine (against restless legs or malaria) or calcium blockers (e.g. with high blood pressure, heart pain or heart rhythm disturbances), the botulinum toxin effect can be enhanced.

Information and Consent

After reading this written information, one must have verbal information about the treatment and the opportunity to ask questions. Here one will have the option of bringing a companion. After the verbal information there must be at least 2 days of reflection before one gives consent to the treatment.

I have been informed about the effects, reactions, side effects and possible complications in connection with treatment with Botulinum Toxin.

My medical aesthetic professional has given me the opportunity to ask questions, and I have had the opportunity to bring a companion to the consultation. I have received satisfactory answers to my questions. I have had 2 days to think prior to my treatment.

I have answered the questions about my medical history honestly.

I hereby give my permission to be treated.